



January 2010

Talk From the Walk

The Newsletter of the Louisville Area Emmaus Community

*.... did not our hearts burn within us?
Luke 24:32*

Christmas is a time of great joy. We celebrate the birth of our Savior, Jesus. This joyous time is followed by the excitement of starting a New Year. So it is that I start a new year with feelings of joy, anticipation (I know we are not to anticipate!!!!) and of excitement.

Have you all made any New Year Resolutions? Well, I have and they are:

- Pray, Pray, Pray
- Be a good listener
- Be on time – maybe early
- Be consistent – know where I stand
- Laugh more
- Be a good planner
- Relax and enjoy all the Fruit of the Spirit

I challenge each of you to make a New Year Resolution. Begin the New Year by Praying more; lifting up the Lay Directors; Steve Watkins and Carrie Howard as They begin their formations. Make a conscious effort to attend send-off, serve a meal, attend candlelight and closing. While God is leading you, step up and help grow the next set of future leaders and think about giving your time, gifts and talent to Emmaus.

I want to express my heart filled gratitude to Marc Gritton for his contributions and tremendous service to The Louisville Emmaus Community. Marc has raised the bar high for this year. I am looking forward to working with the new Lay Directors, a new Board, meeting new friends and keeping up with old friends and dealing with difficult decisions. Marc has prepared me to take on this Wonderful New Journey. By all means, I will definitely need your input, guidance and most of all, your prayers.

As I begin my journey as Community Lay Director, I will lean on God's Word.

Colossians 1:11

"God will strengthen you with his own great power so that you will not give up when trouble comes, but you will be patient. And you will joyfully give thanks to the Father who has made you able to have a share in all that He has prepared for his people in the Kingdom of Light."

DeColores,



**Nancy Frank
Community Lay Director**

Grace Notes From Your Spiritual Director...

I am sure you have noticed that each year almost all the major news magazines put out an issue with special pictorial sections recalling people and events that made news during the previous year. If the Louisville Community of the Walk to Emmaus would put out such a publication, it would include pictures of people whose lives have been transformed by Jesus Christ as a result of their participation in the Walk to Emmaus; it would have pictures of new Sunday school teachers taking seriously the call of our Lord to make disciples; there would be people who heard Jesus say "Go..." and left their comfortable homes to minister to people in foreign countries or in prison. We rejoice in the ways God has been at work in our midst in 2009 and look forward to seeing Him work in the lives of people through this ministry in 2010.

I challenge you to take out your Bibles and look up...

Ephesians 5:15-17

Paul gives each of us some important lessons to consider as we enter this new year. This is a good time for each of us to look at our priorities (I know I'm preaching to the choir.) Are you spending time in prayer and Bible study each day? How is your relationship with Jesus Christ today? Are you spending time with your family? If Satan can't make us bad he will make us busy. Do you need to adjust your schedule and set new priorities?



Second, learn how to live today. It is a new year; let go of the past. Many of us are either living in the past or the future. There is nothing we can do about the past – it's over. If you have regrets, go to God, confess your part in it, and leave it at His feet. I mean, LEAVE IT THERE. Then don't let the future control your present. So often we live our lives planning for the future – a trip, retirement, children through school, etc. Someone has said "Life is what happens to you while you're making plans to do something else." Don't miss an opportunity to minister to those right in front of you.

Lord, help us to use the 8,760 hours of this new year the wisest way we can for you, and for your glory. Amen.

Grace and peace,

Sue Eaton, Spiritual Director

– Romans 13:11-12



Looking for an individual or couple to fill the Newsletter Editor position.

We will be glad to assist you in the transition and provide ongoing technical (and moral) support as needed!

If you're interested, please contact Jeff or Karen Mitchell via phone at 243-3902 or via e-mail at mitchell.ky@insightbb.com.

Thanks!



Check out these websites for Emmaus, Chrysalis, etc. for merchandise, agape, and gift ideas:

<http://www.decoloresstore.com/>

<http://decolores.com/store/>

<http://www.doveinc.com/index.html>

<http://www.songifts.com/index.html>



Remember to check out the **Emmaus Reading List, for yourself or for a new community member:**

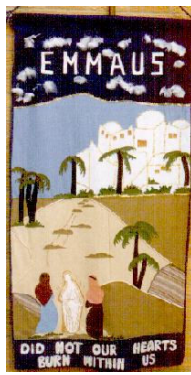
<http://www.upperroom.org/emmaus/resources/default.asp?resource=reading>



If you have a change of address, e-mail, church, phone number, or name since your weekend, please send your updated information to HARTMANJE@aol.com.

Additionally, if you have valid addresses for any members who have moved away, those could be useful as well.

Walk Schedule



Snack Agape



2010

- Walk # 126 - March 11-14
- Walk # 127 - March 25-28
- Walk # 128 - July 22-25
- Walk # 129 - October 7-10
- Walk # 130 - October 21-24

2011

- Walk # 131 - March 3-6
- Walk # 132 - March 17-20
- Walk # 133 - July 21-24
- Walk # 134 - October 6-9
- Walk # 135 - October 20-23

Please remember to bring Snack Agape to Sendoff, if at all possible. It helps the Team to better judge the amount of agape for the weekend and reduces the last minute pleas (for snack agape)

we've had on previous weekends.

Take your snack to the Agape Room or give it to an Agape Team Member as you arrive for Sendoff. Or if you have a pilgrim, you can deliver it after the Sponsor's Hour is finished.

Serving a Meal



Serving a meal is a wonderful way to show agape love. Serving opportunities are communicated via the prayer chain e-mail. It is recommended that you not serve more than once during the weekend, especially if you are a sponsor. When coming to serve, please park in the lot to the right as you enter the front of the conference center. Enter the building from the back deck--there will be signs directing you--and proceed to the kitchen. The Kitchen Team will give you directions on what needs to be done. Remember that you'll need to be there for approximately one hour after the meal to assist in clean-up and setting up for the next meal. Don't forget to leave your watches, phones, etc. in the car!

**Submit all
Emmaus Walk
applications to....**

**Louisville Emmaus Community
Attn: Registrar
P.O Box 71
Crestwood, KY 40014**



Residents Encounter Christ

Schedule

2010

		LAY DIRECTOR	SPIRITUAL DIRECTOR
LLC #32	Feb 26-28	Stan Weatherford	George Davis
KSR #28	Mar 19-21	Charlie Barnett	Ed Berry
KCIW #47	Apr 25	Connie Homola	TBD
RCC-A #10	May 7-9	Steve Stutzenberger	Martha Lynn Campbell

Cory have left large footprints for the rest of us to follow and fill.

We also would like to welcome our new members, Mike Henney, Pat Blandford, and Annette Darnell. I know they all will bring much to our table.

January 2, 1985 I started to work for the Kentucky Department of Corrections, January 2, 2005 I retired and made myself a promise that I would never go back behind those awful walls with all the locks , steel bars , razor wire and something else?? Oh I know, all those inmates. But after seeing the light of Jesus in the face of an ex-offender on my Emmaus Walk, here I am, January 2010 finding myself being asked to serve as President of the Residents Encounter Christ Board. What an amazing, awesome God we serve. The only way I fell adequate to do this is through Phil 4:13 "I can do all things through Christ who strengthens me". I accept the position knowing I have a lot of very good folks on the Board that will help me along the way.

I know I speak for the entire Board and the REC community as well in wishing all the exiting Board Members our very best, and thank them for the hard work and dedication in making the REC a success over the past years. Tammy, David, and

As we enter into a new year we are excited about the upcoming REC walks, Praise God KSR has given us a spring date and hope for a fall walk as well. Please keep all our institutions in your prayers.

Serving our King,
 Charlie Barnett
 President, Louisville REC

REC Board Members:

Charlie Barnett	President
Pat Blandford	Vice President
Lois Vaughn	Secretary
John Jordan, Sr.	Treasurer
Martha Lynn Campbell	Spiritual Director
Tim Heard	Spiritual Director
Mike Henney	RCC- Liaison
Neal Gish	KSR- Liaison/DB Coord
Ron Zabel	Merch Sales Coord
Steve Rudy	LLCC- Liaison
Mona Huff	House Coord
Susan Eckel	Wheat Trailer Coord
Donna Davis	KCIW - Liaison
Carol Sheeley	Email Coord
TBA	Emmaus/REC liaison
Annette Darnell	Special Projects

Cornerstone



Submit all
Chrysalis applications to...
Cornerstone Chrysalis
P.O Box 7
Goshen, KY 40026

Your prayers are requested for the team and caterpillars of the upcoming Cornerstone Chrysalis Flight 43

Check the schedule below for your opportunities to support Flight 43, with prayer, service and worship during send off, meals, candlelight and closing

Chrysalis Flight 43 is only days away!

You still have time to send in your applications. There are a few more spaces open on the Boys side. The Girls side is filling up fast. If there is a youth you have been thinking about sponsoring on Chrysalis, please send in your application today!

You can download applications at
<http://louisvilleemmaus.com/forms.html>

Your gifts of table, pillow or snack agape are appreciated and can be dropped off in the Agape Room at Flaget Retreat Center.

To provide table or pillow agape for team and butterflies, please plan for 150—For butterflies only—65.

Join the Chrysalis Board!

Applications are now being accepted for the Cornerstone Chrysalis Board. These positions will begin in March 2010. If you are interested in serving on the Chrysalis Board, forms are available at:

<http://louisvilleemmaus.com/forms.html>

For more information please contact:

Randy Rowland rscbrowland@yahoo.com

Donna Haskell ddhaskell@gmail.com

Catherine Detweiler catdet@gmail.com

Saturday, January 16 - Day One – Faith

8:30 AM Send Off
11:05 AM Ideals
11:30 AM Servers Arrive for Lunch
12:55 PM God Designed You
2:10 PM Faith
5:00 PM Servers Arrive for Dinner
6:40 PM God Loves You
9:00 PM Prodigal

Sunday, January 17 - Day Two - Hope

7:45 AM Servers Arrive for Breakfast
9:15 AM Communication Through Prayer
10:30 AM Christian Growth Through Study
11:25 AM Servers Arrive for Lunch
1:00 PM God's Gift to You
4:40 PM Servers Arrive for Dinner
6:15 PM Marriage
8:00 PM Community Gathers
8:30 PM God Sustains You
9:30 PM Candlelight

Monday, January 18 - Day Three - Love

7:30 AM Servers Arrive for Breakfast
8:45 AM Christian Action
9:50 AM Single Life
11:10 AM God Empowers You
11:30 AM Servers Arrive for Lunch
12:55 PM Priesthood of All Believers
1:45 PM Next Steps
4:00 PM Closing

Gathering Schedule



Attend a monthly
Gathering scheduled for
the **2nd Friday** at **7:27pm**

*Rekindle the **fire** set ablaze in your heart during your Emmaus or Chrysalis weekend. Invite a friend or perspective pilgrim to join you. Reconnect with brothers and sisters in Christ. Rejoice and sing praises, be inspired by a 4th Day Talk, fill your tummy with agape snack, and fill your heart with the love and peace of Jesus Christ.*

CHILDCARE....

Remember that the community provides childcare services at all Gatherings, so bring your children and leave them in the professional care of the folks at Family Tree Childcare Services. A \$5.00 donation per family is suggested.



Date	Location
January 8	Forest Park 5012 South Watterson Trail, Louisville
February 12	Fern Creek UMC 6727 Bardstown Rd., Louisville

4 th Day Speaker	Communion Celebrant
Connie Gauer	Ronnie Caswell
Dottie Milton	Greg Tate

See an expanded schedule on the following page.

Questions or comments regarding Gatherings?

Contact...

Susan Rittenhouse
rittenky@insightbb.com

2010 Gathering Schedule



Date

Host Church/Address

Jan 8

....

Forest Park Community Church
5012 South Watterson Trail, Louisville

Feb 12

....

Fern Creek United Methodist Church
6727 Bardstown Rd., Louisville

Mar 12

....

Crestwood Christian Church
6525 W Highway 22, Crestwood

Apr 9

....

Adventure Christian Church
3321 Ruckriegel Pkwy, Louisville

May 14

....

Crestwood Baptist Church
6400 Sweetbay Drive, Crestwood

Jun 11

....

open

Jul 9

....

St. John's United Methodist
12799 West Highway 42, Prospect

Aug 13

....

Buechel United Methodist Church
2817 Hikes Lane, Louisville

Sep 10

....

Ascension Lutheran Church
13725 Shelbyville Rd., Louisville

Oct 8

....

Crestwood United Methodist Church
7214 Kavanaugh Rd., Crestwood

Nov 12

....

Portland Promise Center
1831 Baird Street, Louisville

Dec 10

....

Forest Park Community Church
5012 South Watterson Trail, Louisville

Board & Committee Members



Name	Position	E-mail	Phone	Term
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To be announced at the January Gathering and available in the February Newsletter.

Emmaus Recruit Team for Church Coordinators:

Buz Frank - Forest Park Community Church

David Eager - St. Francis in the Fields

Church Coordinators

Adventure Christian - Joni Pardue
 Ascension Lutheran - Marilyn Glaser
 Audubon Park UMC - Marilyn White
 Campellsburg Baptist - George Jones
 Christ Church UMC - Jodi Holley
 Covenant UMC - Steve & Laura Gatlin
 Crestwood Christian - Janice Leedy
 Crestwood UMC - Cathy Henney & Karen Mitchell
 Drennon Christian - Corey & Harriet Beatty
 Fern Creek UMC - Lisa Newman
 Forrest Park Community - Perry Probst
 Henry County Christian - Daryl & Joy Davis
 Hartsong - Sherri Luney
 Hopewell Baptist - Bertie Leg

LaGrange Baptist - Steve Homola
 LaGrange Presbyterian - Jeff & Traci Clark
 Middletown UMC - Doug & Sandra Dearen
 Mosaic UMC - George Davis
 New Castle Christian - Kelly Woods
 New Goshen Presbyterian - Nancy Smith
 New Life - Rodney & Pat Elzy
 Northeast Christian - Bob Embry
 Shilo UMC - Lew & Mary Hawes
 Southeast Christian - Mark Young
 St. Francis - Robby Hoke & Mike Simpson
 St. John UMC - Jennifer Partin
 St. Paul UMC - Frank & Ann Bayens
 Summit Heights - Mike & Betty Welker
 Westport Baptist - Maureen James

If you want to

Visit the Upper Room website

Visit the Upper Room Emmaus website

Visit our Louisville Emmaus website

Sign up to receive this e-newsletter

Join our e-mail prayer community

Contact our Emmaus web guy

Serve on an REC Team, attend a
Candlelight or Gathering

Download an Emmaus application

Download an REC volunteer form

Download a Chrysalis application

Submit information for this newsletter

Then

<http://www.upperroom.org/>

<http://www.upperroom.org/emmaus/>

<http://louisvilleemmaus.com/>

<http://louisvilleemmaus.com/prayer.html>

<http://louisvilleemmaus.com/prayer.html>

send an e-mail to:

webguy@louisvilleemmaus.com

send an e-mail to:

louivillerec@gmail.com

<http://louisvilleemmaus.com/forms.html>

<http://louisvilleemmaus.com/forms.html>

<http://louisvilleemmaus.com/forms.html>

send an e-mail to:

mitchell.ky@insightbb.com

Happy New Year

Instead of making a New Year's resolution
Consider committing to a biblical solution
Your promises are easily broken
Empty words, though earnestly spoken
But God's Word transforms the soul
By His Holy Spirit making you whole
As you spend time alone with Him
He will change you from within

Mary Fairchild