

# Talk From the Walk

The Newsletter of the Louisville Area Emmaus Community



..... *did not our hearts burn within us?* Luke 24:32

**Message from our President:**

**October 2009**

Welcome to the community, ladies and gentlemen of Walks 124 and 125! We are happy to have you as a part of our family. As someone who has been around for a while and seen many people come and go through our community, the best advice I can give you is to invest in a reunion group. Your Lay Director explained them in the Perseverance talk and it was covered again at follow up, but it is not talked about often enough.

If you are interested in getting the most out of you 4<sup>th</sup> day experiences then your best bet is to join a reunion group. We have seen over time that the people who join a reunion group are much more likely to become involved in the community and hang around for a while.

From a personal perspective, my reunion group has had a profound affect on my life. There is no doubt that I would not be the person I am today without this group of men holding me accountable for my daily actions and helping me become the man Christ intends me to be.

Since my walk in 1994, there have been several crossroad moments in my life where they have helped me make it through with whatever I needed at that time. Sometimes it was a pat on the back, sometimes it was a kick in the pants! We have been meeting together for 15 years and have become a huge part of each other's life.

If you are not in a reunion group, you should strongly consider it. You will be glad you did!

DeColores,

Marc Gritton  
Community Lay Director

**Hello Emmaus Community,**

**How time flies. It is that time again to think about who will be serving you on the Louisville Emmaus Board of Directors. This is one of the most important things we do each year, as the people we select will be making the decisions that will decide the direction of our community over the next three years.**

**Our by-laws state that the board consist of 15 elected community members and the Spiritual Director. The community members consist of all persons who have completed a weekend experience of the Walk to Emmaus sponsored by any Emmaus Community. Persons who have completed a Cursillo or Chrysalis may also become members. Those elected to the board can be either laypeople or clergy and are elected in groups of five for three-year terms. They are chosen by an open election of the community. The ones with the most votes serve.**

**There is a nominating committee consisting of: Marc Gritton, David Blandford, and myself (Nancy Frank). This year we will need to replace 5 positions – all to serve a complete three-year term. We will need at least 8 to 10 candidates. This is how you can participate:**

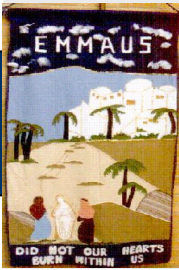
- 1. Pray first as to whether God is calling you to serve on the Board. You will need to plan on coming to every board meeting, which is the second Monday of each month. Since we are a working board, you will have a job on the board. You will also be expected to attend Gatherings and most of the weekend functions during the walk. It is a three-year commitment, so don't take the commitment lightly.**
- 2. If you cannot serve, pray that God will lead you to nominate a candidate. Please discuss this with the nominee first before calling or talking with the nominating committee.**
- 3. Pray that God will help you choose wisely during General Elections. We all know that God ultimately runs our community, so pray that His will be done throughout this process.**

**We will be taking nominations through September with the slate of nominations in place by the October Gathering.**

**Thank you and DeColores,**

**Nancy Frank**

**Emmaus President Elect**



# 2009 Emmaus Walk Schedule

		Dates	Lay Director(s)
Women's	#125	Oct 1 <sup>st</sup> -2 <sup>nd</sup> -3 <sup>rd</sup> -4 <sup>th</sup> Thurs-Fri-Sat-Sun	Rita Dobson

### Serving Meals...

It is recommended that you not serve more than once during the weekend, especially if you are a sponsor. When coming to serve park in the lot to the right as you enter the front of the conference center. Enter the building from the back deck--there will be signs directing you--and proceed to the kitchen. The Kitchen Team will give you directions on what needs to be done. Remember that you'll need to be there for approximately one hour after the meal to assist in clean-up and setting up for the next meal. Don't forget to leave your watches, phones, pagers, etc. in the car!

### Extended Schedule

#### 2010

- Walk # 126 - March 11-14
- Walk # 127 - March 25-28
- Walk # 128 - July 22-25
- Walk # 129 - October 7-10
- Walk # 130 - October 21-24

#### 2011

- Walk # 131 - March 3-6
- Walk # 132 - March 17-20
- Walk # 133 - July 21-24
- Walk # 134 - October 6-9
- Walk # 135 - October 20-23

For specific arrival times, refer to the community website page:

<http://louisvilleemmaus.com/times.html>

### Snack Agape Reminder:

Please remember to...**bring your snack agape to the Sendoff...**if at all possible. It helps the Team to better judge the amount of agape for the weekend and reduces the last minute pleas (for snack agape) we've had on previous weekends.

Take your snack to the Agape Room or give it to an Agape Team Member as you arrive for Sendoff. Or if you have a pilgrim, you can deliver it after the Sponsor's Hour is finished.

# Emmaus Women's Walk #125:

## Team Details



### Lay Leadership

Rita Dobson	Lay Director
Sylvia Kuykendall	ALD - Inside
Stephanie Culver	ALD - Outside
Marilyn Glaser	ALD - Agape
Pam Tedesco	Emmaus Board Rep

### Table Leads

Traci Barnes  
Sandy Blandford  
Margaret Greer  
Anna McKay  
Barb Poston  
Susan Rittenhouse  
Marsha Toth  
Carol Williams

### Assistant Table Leads

Catherine Detweiler  
Gina Hensley  
Cindy Homer  
Melody Knopf  
Jackie Nelson  
Debi Palmer  
Maria Stephens  
Carol Wellman

### Clergy

Sue Eaton	Spiritual Director
Regina Ruegg	
Rolf Ruegg	
Martha Lynn Campbell	
George Davis	

### Agape

Julie Bell  
Christy Hall  
Sharon Hrenko  
Kim Johnson  
Trish McWhirter  
Kim Miracle  
Kathy Morse  
Vickie Newton  
Kathy Oechsli  
Richemma Njie  
Jane Stallard  
Betty Welker

### Music

Brenda Harrison  
Gail Pauley  
Tiffany Linton

### PowerPoint

Sherrie Haldeman

### Talk Details:

#### **Speaker**

Sylvia Kuykendall  
Rolf Ruegg  
Melody Knopf  
George Davis  
Catherine Detweiler  
Cindy Homer  
Sue Eaton  
Gina Hensley  
Martha Lynn Campbell  
Debi Palmer  
Carol Wellman  
Regina Ruegg  
Jackie Nelson  
Rita Dobson  
Stephanie Culver

#### **Topic**

*Priorities*  
*Prevenient Grace*  
*Priesthood of All Believers*  
*Justifying Grace*  
*Life of Piety*  
*Growth Through Study*  
*Means of Grace*  
*Christian Action*  
*Obstacles To Grace*  
*Discipleship*  
*Changing Our World*  
*Sanctifying Grace*  
*Body of Christ*  
*Perseverance*  
*Fourth Days*

# Residents Encounter Christ

## 2009 Schedule



	<i>Dates</i>	<i>Lay Director</i>	<i>Spiritual Director</i>
<b>LLC #31</b>	<b>Oct 9-10-11</b>	<b>Mike Robinson</b>	<b>Clint Parks</b>
<b>RCC A #9</b>	<b>Oct 23-24-25</b>	<b>Pat Blandford</b>	<b>Neal Gish</b>
<b>KCIW #46</b>	<b>Nov 13-14-15</b>	<b>Trish Foy</b>	<b>Sue Eaton</b>

I have waited for FALL to arrive and I think it is safe to say it has! I love this time of year and all that comes with it. The colder, crisper air that we breath...pulling out the sweaters...cooking up that favorite pot of chili...trips to the orchard for apple picking, but most of all the beautiful change in colors we get to see. For me witnessing the daily changes in the colors on the trees is one of God's greatest gifts. It shows me what an artist He is and the detail that He puts into everything He created.

Not only is He an artist within the realm of nature, He is also an artist within the scope of mankind. Just think about the "changes" He makes within us during our formations, preparing us to go into prison for an REC walk. Then He "changes" the lives of the residents inside those prison walls during their 3 days on an REC. There has also been a story or two about how God has "changed" the lives of the officers who thought they were there for one purpose only...to "guard" the residents...but haven't we seen God work in the lives of them as well?

There are 3 REC weekends coming up in the next 2 months...and I'm sure there will be many lives "changed" for the better! So keep praying and bear witness to another one of God's greatest gifts...the "CHANGE OF HEART" in men's & women's lives through REC!!

Working for His Glory,

Tammy Underwood  
President – Louisville REC

### REC Board - 2009

Tammy Underwood	President
Corey Beatty	Vice President
Lois Vaughn	Secretary
John Jordan, Sr.	Treasurer
Martha Lynn Campbell	Spiritual Director
Tim Heard	Spiritual Director
Charlie Barnett	RCC- Liaison
Carol Sheeley	KSR- Liaison
Ron Zabel	Merchandise Sales Coord
Steve Rudy	LLCC- Liaison
Mona Huff	Weekend Wheat/Housing Coord
Susan Eckel	Wheat Trailer Coordinator
Donna Davis	KCIW – Liaison
David Blandford	Emmaus/R.E.C. Liaison
Neal Gish	Database Coord/Special Projects

**LLC #31:**  
**Team Details**

**October 9<sup>th</sup> – 11<sup>th</sup>, 2009**

**Lay Leadership**

Mike Robinson	Lay Director
Lew Hawes	Outside ALD
Wayne Stiles	Inside ALD
Jim Henderson	Wheat Head

**Clergy**

Clint Parks	Spiritual Director
Mike Huff	
Steve Rudy	

**Table Leads/Assistant Table Leads**

Janelle Trebuna	Todd Trebuna
Nancy Smith	Glenn Smith
Bob Poston	David James
Rod Brown	Charlie Barnett
Mark Wardlaw	David Laun
Blanche Brooks	George Brooks
Amy Davenport	John Davenport
Don Mattern	Art Longnaker

**Wheat**

Bill and Sherry Parker  
Julie Robinson

**Worship**

Tom Stryker	Maggie Stryker
Bernie Koontz	Anne Ruschival
Steve Rudy	

Mary Hawes    PowerPoint

**Talk Details:**

<b><u>Speaker</u></b>	<b><u>Topic</u></b>
Glenn Smith	Priorities
Steve Rudy	God Is Calling
George Brooks	Prodigal
Mike Huff	Change of Heart
Rod Brown	Sacred Scriptures
Todd Trebuna	Prayer
Charlie Barnett	God Is Love
David Laun	Christian Life
Clint Parks	Means of Grace
David James	Single Life
Mark & Sharon Wardlaw	Marriage
Art Longnaker	Christian in the World
Mike Robinson	Beyond REC

**RCC-A #9:  
Team Details**

**October 23<sup>rd</sup> – 25<sup>th</sup>, 2009**

**Lay Leadership**

Pat Blandford	Lay Director
Cathy Henney	ALD
Steve Stutzenberger	ALD
Donna Davis	Wheat Head

**Clergy**

Neal Gish	Spiritual Director
Corey Beatty	
Rob Hensley	

**Table Leads/Assistant Table Leads**

Mike Henney	Lois Vaughn
Kenny Clark	Donna Clark
Tom Poston	Barb Poston
Kevin Pifer	Kim Pifer
David Ehresman	Sharon Ehresman
Bill Edwards	Pat Shaw
Kevin Kimes	Jenny Kimes
Ed Small	Mary Small
Vonda Stutzenberger	Lewis Durrett
Doris Brown	Richard Brown
Alvin Darnell	Annette Darnell
	Gina Hensley

**Wheat**

Ralph Gasaway  
Donna Gasaway  
Carol Ford  
Ken Blandford

**Worship**

Steve Bays  
Sandy Blandford  
LeighAnne Hallac  
Scott Weeks  
David Blandford, Powerpoint

**Talk Details:**

<b><u>Speaker</u></b>	<b><u>Topic</u></b>
Jenny Kimes	Priorities
Corey Beatty	God Is Calling
Rob Hensley	Change of Heart
Ed Small	Prodigal
Barb Poston	Sacred Scriptures
Pat Shaw	Prayer
Richard Brown	God Is Love
Steve Stutzenberger	Christian Life
Neal Gish	Means of Grace
Paul Neblett	Single Life
Ralph & Donna Gasaway	Marriage
Lewis Durrett	Christian in the World
Pat Blandford	Beyond REC



Cornerstone Chrysalis  
P.O. Box 7  
Goshen, KY  
40026

Please remember to  
send applications to  
the new address

2010 Cornerstone Chrysalis Schedule			
	Date	Lay Directors	Spiritual Director
<b>Flight 43</b>	Jan 16, 17, 18 Sat., Sun., Mon	Dee Dee Hurt Chuck Young	Gary Magufee
<b>Flight 44</b>	June 25, 26, 27 Fri., Sat., Sund	Please remember in your prayers the Lay Directors, Spiritual Directors and teams of the upcoming Cornerstone Chrysalis weekends	
<b>Journey 14</b>	July 30, 31, Aug 1, Fri., Sat., Sun		

***Need A Chrysalis Application, Volunteer Form or Board Application?***

*You can download these forms from:*

<http://louisvilleemmaus.com/forms.html>

**Preparing for The Future**

Has the youth leader at your church been on a Chrysalis or Emmaus weekend? If you don't know, ask them. If they have not, then please pray about sponsoring them on an Emmaus Walk.

We are starting to look at the various churches in our community and their involvement in Chrysalis in order to define a targeted outreach program. We have witnessed a decline in involvement when there is a change in church youth leadership and the incoming leader is not familiar with Chrysalis or Emmaus.

Current Chrysalis butterflies can ignite their youth groups and carry the light of Christ into their schools. The Emmaus Community can help by effectively promoting Chrysalis and encouraging the youth leaders of your church.

**2009 Cornerstone Chrysalis Board**

Randy Rowland	President
(vacant)	President-Elect
Becki Curry	Spiritual Director
Catherine Detweiler	Registrar
Ron Cutler	Treasurer
Dottie Shaw	Secretary
Pam Tedesco	Louisville Emmaus Liaison
Frank Bayens	Kitchen
Eric Klingeman	Youth Rep
Brock Rowland	Youth Rep
Lloyd Fowler	Youth Rep
Molly Salmon	Photographer/Snacks
Andrea Ragsdale	Community Outreach
Kim England	Inside Agape/Banners
Jackie Bosler	Prayer and Server Charts
Tony Wagner	Sound
Jeff Klingeman	Data/Communications
Buz Frank	Outside Agape
Buddy Howard	Spiritual Advisor
Dan Huck	Spiritual Advisor
Tiffany Linton	Discipleship/Reunion Groups/Hoots
Donna Haskell	DaySpring Liaison/Manuals/Inside Agape

**Serve on the Board!**

The Chrysalis Board is currently looking for our next President. If you have a heart for youth, good organization skills and the desire to make an impact, please pray about serving as President-elect and then moving into the President's role in 2010.

# REKINDLE THE FIRE!



Attend a monthly Gathering scheduled on  
the second Friday of the month at 7:27 pm.

*Invite a friend or  
prospective pilgrim!*

Upcoming dates & locations:

Date	Church	Address	4 <sup>th</sup> Day Speaker	Communion Celebrant
Oct 9	Crestwood United Methodist Church	7214 Kavanaugh Rd. Crestwood	Christy Baker	Rev. Don Craig
Nov 13	Mosaic United Methodist Church	8008 St. Andrews Church Rd, Louisville	Charles Stallard	Rev. Eliseo Mejia

Refer to the complete 2009 schedule located on the following page.

*Don't forget your  
snack agape!*

Questions or comments  
regarding Gatherings?

Contact...

Susan Rittenhouse [rittenky@insightbb.com](mailto:rittenky@insightbb.com).

Remember that the community provides  
childcare services at all Gatherings, so bring  
your children and leave them in the



professional care of  
the folks at  
Family Tree  
Childcare Services.  
A donation of  
\$5.00 per family  
is suggested.

## Community-Wide Chili Supper



When: Friday, October 9<sup>th</sup>, 6:27pm

Where: Crestwood United Methodist Church – Christian Living Center

What: Pre-Gathering Meal and Fellowship Hour

Everyone is encouraged to attend this scrumptuous, annual event!  
Though not a requirement, if you'd like, bring a pot of chili, a side dish, a  
dessert, etc. to share with the community.

**Note:** The supper does not replace the Fellowship Hour immediately following the Gathering Service,  
so please remember to bring your Snack Agape!

# 2009 LOUISVILLE EMMAUS GATHERINGS

Schedule is subject to change.

<u>Date</u>		<u>Host Church/Address</u>
Jan 9	....	<b>Forest Park Community Church</b> 2713 Blankenbaker Rd, Louisville
Feb 13	....	<b>Adventure Christian Church</b> 3321 Ruckriegel Pkwy, Louisville
Mar 13	....	<b>St. Paul United Methodist Church</b> 200 Douglas Blvd, Louisville
Apr 10	....	<i>No April Gathering due to conflict with Good Friday.</i>
May 8	....	<b>Covenant United Methodist Church</b> 909 W. Jefferson St, LaGrange
Jun 12	....	<b>Bethany United Methodist Church</b> 6100 Moorman Rd, Louisville
Jul 10	....	<b>Christ Church United Methodist</b> 4614 Brownsboro Rd, Louisville
Aug 14	....	<b>Summitt Heights United Methodist Church</b> 7400 Outer Loop, Louisville
Sep 11	....	<b>Ascension Lutheran Church</b> 13275 Shelbyville Rd, Louisville
<b>Oct 9</b>	....	<b>Crestwood United Methodist Church</b> 7214 Kavanaugh Rd, Crestwood
Nov 13	....	<b>Mosaic United Methodist Church</b> 8008 St. Andrews Church Rd, Louisville
Dec 11	....	<b>St. Francis in the Fields Episcopal Church</b> 6710 Wolf Pen Branch Rd, Louisville



Your Emmaus Mart will be present at all Gatherings and Closings for your shopping convenience. Items for sale will include...

- ❖ T-shirts (mainly Emmaus, but also REC and Chrysalis)
  - S, M, L, XL - \$10.00
  - 2X and above - \$12.00
- ❖ 'What is Emmaus?' books - \$4.00
- ❖ Emmaus pins

## UPCOMING LEADERSHIP TRAINING

**Friends: The Clergy Leadership Training is being brought to us by the Upper Room in Nashville, TN, in order to "grandfather" in persons who have been involved as clergy in the Walk to Emmaus/Chrysalis before December, 2007, and are not qualified to serve on a walk as Team or Asst. Spiritual Director under the new requirements.**

**This training will enable those who have been involved in the community as clergy prior to December, 2007, and have a license to preach, a local church pastor, ordained individuals without seminary/equivalent or a church staff person (including UM Deacons) to continue to serve as clergy. Without it, you will not be able to serve in this capacity in the future. In the future, new members of the community will be evaluated and listed as qualified or unqualified according to the new requirements.**

**This leadership training does not give anyone the authority to consecrate the elements for Holy Communion if they are not already able to do so in their local church. Anyone who is not able to consecrate the elements now and has been involved in the Walk to Emmaus as Clergy prior to December, 2007, must attend this certification in order to continue to serve as Asst. Spiritual Directors.**

**You are not required to attend this training if:**

**You are fully ordained, been to seminary/course of study/equivalent and authorized to consecrate the elements for Holy Communion.**

**But you are invited to attend this event that I am told by the leadership will be an inspiring day for all clergy.**

**We need registration for this event so please email me at [sueeaton@bellsouth.net](mailto:sueeaton@bellsouth.net) or call at 412.0254. Feel free to email or call if you have any questions.**

**The details of this workshop are:**

**October 31, 2009      9:30 am - 3:30 pm  
Christ Church United Methodist  
4614 Brownsboro Road  
Louisville, KY**

**Grace and peace,  
Rev. Sue Eaton  
Community Spiritual Director**



## Emmaus Board/Committee Members

Name	Position	E-mail	Home Phone	Term
Marc Gritton	President	<a href="mailto:marc@grittonfamily.com">marc@grittonfamily.com</a>	241-8419	2008-2010
Sue Eaton	Spiritual Director	<a href="mailto:sueeaton@bellsouth.net">sueeaton@bellsouth.net</a>	412-0254	2009
Don Craig	Assistant Spiritual Director	<a href="mailto:donandjackie6006@bellsouth.net">donandjackie6006@bellsouth.net</a>	222-6039	2007-2009
Nancy Frank	President Elect	<a href="mailto:ntf9952@aol.com">ntf9952@aol.com</a>	499-8083	2008-2010
David Blandford	Treasurer	<a href="mailto:emmaus45@insightbb.com">emmaus45@insightbb.com</a>		2009-2011
Sue Ehret	Secretary	<a href="mailto:dale.ehret@insightbb.com">dale.ehret@insightbb.com</a>	614-8915	2008-2010
Steve Homola	Chair, Advisory Committee	<a href="mailto:stevehomola@gmail.com">stevehomola@gmail.com</a>	241-9003	2007-2009
Mike Welker	Chair, Outreach Committee	<a href="mailto:michael.welker@insightbb.com">michael.welker@insightbb.com</a>	231-1281	2009
Susan Rittenhouse	Chair, Worship Committee	<a href="mailto:rittenky@insightbb.com">rittenky@insightbb.com</a>	425-7539	2009-2011
Jane Knapp	Registrar	<a href="mailto:janiebellk@bellsouth.net">janiebellk@bellsouth.net</a>	222-2467	2009-2011
Steve Ulrich	Worship Committee	<a href="mailto:ulrich@bellsouth.net">ulrich@bellsouth.net</a>	966-0089	2008-2010
Charles Stallard	Worship Committee	<a href="mailto:stallardc@bellsouth.net">stallardc@bellsouth.net</a>	231-0132	2009
Rodney Elzy	Emmaus Mart	<a href="mailto:rodney.elzy@insightbb.com">rodney.elzy@insightbb.com</a>	425-6968	2008-2010
George Jones	Outreach Committee	<a href="mailto:gajones3@insightbb.com">gajones3@insightbb.com</a>	502-633-0197	2007-2009
Ken Stringer	Worship Committee	<a href="mailto:kenstringer@insightbb.com">kenstringer@insightbb.com</a>	241-7234	2009-2011
Pam Tedesco	Chrysalis Liaison	<a href="mailto:pamtdsco@aol.com">pamtdsco@aol.com</a>	454-6710	2009-2011
Perry Probst	Worship Committee	<a href="mailto:perry4jc@gmail.com">perry4jc@gmail.com</a>	489-9918	2007-2009

### **Emmaus Recruit Team for Church Coordinators:**

Buz Frank - Forest Park Community Church

David Eager - St. Francis in the Fields

Catherine Detweiler - St. John UMC

### **Church Coordinators:**

Adventure Christian - Joni Pardue  
 Ascension Lutheran - Marilyn Glaser  
 Audubon Park UMC - Marilyn White  
 Campellsburg Baptist - George Jones  
 Christ Church UMC - Jodi Holley  
 Covenant UMC - Scott & Cheryl Fairfield  
 Crestwood Baptist - Tony Underwood  
 Crestwood Christian - Janice Leedy  
 Crestwood UMC - Cathy Henney & Karen Mitchell  
 Drennon Christian - Corey & Harriet Beatty  
 Fern Creek UMC - Lisa Newman  
 Forrest Park Community - Perry Probst  
 Gateway Community - Joan Rogers  
 Henry County Christian - Daryl & Joy Davis  
 Hartsong - Sherri Luney

Hopewell Baptist - Bertie Legg  
 LaGrange Baptist - Steve Homola  
 LaGrange Christian -  
 LaGrange Presbyterian - Jeff & Traci Clark  
 Middletown UMC - Doug & Sandra Dearen  
 Mosaic UMC - George Davis  
 New Castle Christian - Kelly Woods  
 New Goshen Presbyterian - Nancy Smith  
 New Life - Rodney & Pat Elzy  
 Northeast Christian - Bob Embry  
 Shilo UMC - Lew & Mary Hawes  
 Southeast Christian - Mark Young  
 St. Francis - Robby Hoke & Mike Simpson  
 St. John UMC - Jennifer Partin  
 St. Paul UMC - Frank & Ann Bayens  
 Summit Heights - Mike & Betty Welker  
 Westport Baptist - Maureen James

## Has your information changed?

If you have a change of address, e-Mail, church, phone number, or name since your weekend, please send your updated information to [HARTMANJE@aol.com](mailto:HARTMANJE@aol.com).

Additionally, if you have valid addresses for any members who have moved away, those could be useful as well.

## Receiving the newsletter....



There are three ways to obtain a newsletter:

- 1) **Hardcopy** - contact your Church Coordinator. If your church does not have a Church Coordinator perhaps you'd like to serve as one. Otherwise please contact a coordinator from another church and request a copy.
- 2) **Website** - download the DOC or PDF file to view and/or print [www.louisvilleemmaus.com](http://www.louisvilleemmaus.com)
- 3) **e-Mail** - send your name/e-Mail address to [webguy@louisvilleemmaus.com](mailto:webguy@louisvilleemmaus.com)

## Do you have information to share?

To share information in the **Talk From the Walk**, (the deadline is the 22nd of each month), send your article or information to: Jeff and Karen Mitchell at [mitchell.ky@insightbb.com](mailto:mitchell.ky@insightbb.com) or call them at 243-3902.

### If you want to....

- visit your Emmaus Website:
- change your email address, or add or drop:
- add information to the Louisville Emmaus Prayer chain:
- visit the Emmaus Chatterbox Bulletin Board\*:

[www.louisvilleemmaus.com](http://www.louisvilleemmaus.com)  
[webguy@louisvilleemmaus.com](mailto:webguy@louisvilleemmaus.com)  
[lemmaus@googlegroups.com](mailto:lemmaus@googlegroups.com)  
<http://tothworld.us/chatterbox>

*\*Note: use the Chatterbox for questions, items, or discussion topics that don't quite fit the prayer chain.*

For **Emmaus applications** contact:

Jane Knapp at 222-2467, or  
visit the website

For **Chrysalis applications** contact:

Catherine Detweiler at 228-5471(h) or 931-3449 (c)  
or [catdet@gmail.com](mailto:catdet@gmail.com)  
visit the website

For **REC Team** consideration contact:

[louisvillerec@gmail.com](mailto:louisvillerec@gmail.com), or  
visit the website